

December 2023



Port Angeles Senior Center

November '23						
S	M	T	W	T	F	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

January '24						
S	M	T	W	T	F	S
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
					SHIBA Medicare Enrollment 8:30a-1p CR and 204 Chair Exercise 9am 207 Watercolor Group 10a-1p 205 Pickleball 10am-2pm MPR Hand & Foot 12p -3p LA Pinochle 1p-4pm 205 Belly Dancing 2:00p-3:30p 207 Strength & Balance 2:10pm MPR	Community Walk 9am at Hollywood Beach Cribbage 1-4pm 205 Yoga 4p - 5:30p MPR
3 RG Church Service 10am MPR	4 New Member Welcome 9a DR Chair Exercise 9am 207 Tai Chi 9a-10a MPR Diamond Dotz 10a-12p LA Euchre 10a - 12p 207 Science & SciFi 10a-12p 205 Pickleball 10:15a-2p MPR Spkr Volunteer Hosps 1:30 DR Senior Singers 1p LA Pinochle 12:30p-4pm 205 Friends Together 2p - 2:30p MPR Friends Together 2:30-4:00 207	5 Fit for Life 9-10am MPR Pickleball 10:15a-2p MPR Jokers & Marbles 10a-2p LA Caregiver Support 11a 204 GAB 1:30p-3:30pm 204 Strength & Balance 2pm MPR Pinochle 1p-4pm 207 Dance 6:30-8pm MPR	6 DAV 8:30a-2p appt only CR Chair Exercise 9am 207 Fit for Life 9-10am MPR OlyCap Market 9:30-11:30am L Writer's Group 10am 204 Pickleball 10:15a-12:15p MPR Line Dance 12:30p-3:30p MPR Shanghai Cards 10am Lounge Bridge 12p-3:30p 205 GAB 1p-3pm 204 Ukes 1-3pm 207 Yoga 4p - 5:30p MPR	7 Fit for Life 9-10am MPR Round Table Talk 9:30a-12p 204 Qi Gong 9-10am 207 Charity Sewing 9:30a -12pm 207 Pickleball 10am-2pm MPR Bingo 12:30p-3pm 205 Mahjong 12-3pm LA Line Dance 1p-4p MPR Pinochle 1p-4pm 207	8 Chair Exercise 9am 207 Watercolor Group 10a-1p 205 SHIBA 10am-12pm CR Pickleball 10:15a-2p MPR Kiwanis Meeting 12p-1:30p 204 Hand & Foot 12p -3p LA Pinochle 1p-4pm 205 Belly Dancing 2:00p-3:30p 207 Mystery Book Club 2p 204 Breakfast with Santa Setup 2p MPR	9 Port Gamble Trip 10:30a Community Walk 9am at Hollywood Beach Breakfast with Santa 6a-12p Kitchen Breakfast with Santa 12p-3p MPR Cribbage 12:30p - 3p 205 Yoga 4p - 5:30p 207
10 RG Church Service 10am MPR	11 Chair Exercise 9am 207 Tai Chi 9a-10a MPR Alzheimer's Group 9a-12p 204 Diamond Dotz 10a-12p LA Euchre 10a - 12p 207 Science & SciFi 10a-12p 205 Pickleball 10:15a-2p MPR Pinochle 12:30p-4pm 205 Coloring 12-2pm LA Friends Together 2:30-4:30 207	12 Fit for Life 9-10am MPR Pickleball 10:15a-2p MPR Jokers & Marbles 10a-2p LA Pinochle 1p-4pm 207 Grief Holiday 1:30p-3:30p DR GAB 1:30p-3:30pm 204 Strength & Balance 2pm MPR Dance 6:30-8pm MPR	13 DAV 8:30a-2p appt only CR Chair Exercise 9am 207 Fit for Life 9-10am MPR Legal Clinic 9:30a 101 OlyCap Market 9:30-11:30am L Writer's Group 10am 204 Pickleball 10:15a-12:15p MPR Line Dance 12:30p-3:30p MPR Shanghai Cards 10am Lounge Bridge 12p-3:30p 205 Ukes 1-3pm 207 Yoga 4p - 5:30p MPR	14 Fit for Life 9-10am MPR Round Table Talk 9:30a-12p 204 Qi Gong 9-10am 207 Charity Sewing 9:30a -12pm 207 Pickleball 10am-2pm MPR Bingo 12:30p-3pm 205 Mahjong 12-3pm LA Line Dance 1p-4p MPR Pinochle 1p-5pm 207	15 Chair Exercise 9am 207 Watercolor Group 10a-1p 205 Pickleball 10am-2pm MPR Hand & Foot 12p -3p LA Pinochle 1p-4pm 205 Belly Dancing 2:00p-3:30p 207	16 Community Walk 9am at Hollywood Beach Cribbage 12:30p - 3p 205 Yoga 4p - 5:30p MPR
						Continued on next page...

<p>17 RG Church Service 10am MPR</p>	<p>18 Chair Exercise 9am 207 Tai Chi 9a-10a MPR Diamond Dotz 10a-12p LA Euchre 10a - 12p 207 Science & SciFi 10a-12p 205 Pickleball 10:15a-2p MPR Pinochle 12:30p-4pm 205 Spkr Assessor 1:30 DR Friends Together 2p - 2:30p MPR Friends Together 2:30-4:00 207</p>	<p>19 Fit for Life 9-10am MPR Pickleball 10:15a-2p MPR Board Meeting 9am Offsite Jokers & Marbles 10a-2p LA Caregiver Support 11a 204 Strength & Balance 2pm MPR Pinochle 1p-5pm 207 Grief Support 1:30p-3p 204 Dance 6:30-8pm MPR</p>	<p>20 DAV 8:30a-2p appt only CR Chair Exercise 9am 207 Fit for Life 9-10am MPR B-Day Party 10am DR OlyCap Market 9:30-11:30am L Writer's Group 10am 204 Pickleball 10:15a-12:15p MPR Line Dance 12:30p-3:30p MPR Shanghai Cards 10am Lounge Bridge 12p-3:30p 205 Ukes 1-3pm 207 Yoga 4p - 5:30p MPR</p>	<p>21 Fit for Life 9-10am MPR Round Table Talk 9:30a-12p 204 Private Meeting 12:30p-2p 204? Qi Gong 9-10am 207 Charity Sewing 9:30a -12pm 207 O3A Home Svcs 10am 101 Pickleball 10am-2pm MPR Bingo 12:30p-3pm 205 Mahjong 12-3pm LA Line Dance 1p-4p MPR Pinochle 1p-5pm 207</p>	<p>22 Chair Exercise 9am 207 Watercolor Group 10a-1p 205 Pickleball 10am-2pm MPR SHIBA 10am-12pm CR Holiday Lobby Party 11:30a Hand & Foot 12p -3p LA Pinochle 1p-4pm 205 Gingerbread 1pm DR Belly Dancing 2:00p-3:30p 207</p>	<p>23 Community Walk 9am at Hollywood Beach Cribbage 12:30p - 3p 205 Yoga 4p - 5:30p MPR</p>
<p>24 RG Church Service 10am MPR</p>	<p>25 Closed for Christmas</p>	<p>26 Fit for Life 9-10am MPR Pickleball 10:15a-2p MPR Jokers & Marbles 10a-2p LA Parkinson's Grp 1-2:30p 205 GAB 1:30p-3:30pm 204 Strength & Balance 2pm MPR Pinochle 1p-5pm 207 Blood Pressure Check 2p DR Dance 6:30-8pm MPR</p>	<p>27 DAV 8:30a-2p appt only CR Chair Exercise 9am 207 Fit for Life 9-10am MPR Legal Clinic 9:30a CR OlyCap Market 9:30-11:30am L Writer's Group 10am 204 Shanghai Cards 10am LA Pickleball 10:15a-12:15p MPR Line Dance 12:30p-3:30p MPR Bridge 12p-3:30p 205 Ukes 1-3pm 207 Yoga 4p - 5:30p MPR Tea to Die For 4pm 207</p>	<p>28 Fit for Life 9-10am MPR Round Table Talk 9:30a-12p 204 Qi Gong 9-10am 207 Charity Sewing 9:30a -12pm 207 Pickleball 10am-2pm MPR Bingo 12:30p-3pm 205 Mahjong 12-3pm LA Line Dance 1p-4p MPR Pinochle 1p-5pm 207</p>	<p>29 Chair Exercise 9am 207 Watercolor Group 10a-1p 205 Pickleball 10am-2pm MPR Hand & Foot 12p -3p LA Pinochle 1p-4pm 205 Belly Dancing 2:00p-3:30p 207</p>	<p>30 Community Walk 9am at Hollywood Beach Cribbage 12:30p - 3p 205 Yoga 4p - 5:30p MPR</p>
<p>31</p>	<p>1</p>	<p>Notes: Multipurpose Room -MPR Dining Room - DR (Senior Nutrition Mon-Fri 6a -2p) Small Conference Room - 101 Lounge Addition - LA Health Room - 203 Reiki Mon, Tue 8:30am -by appt & Daosa Footcare Wed-Fri Conference Room - 204 Card Room - 205 Craft Room - 207 Kitchen - KN (Senior Nutrition Tue-Fri 10am-6pm) <i>Please Note: Senior Center is closed on all major Holidays</i></p>		<p>Pool Room M-F 8:30am - 4pm Crafty Corner M-TH 10am - 2pm Computer Room (CR) M-TH 11am - 3pm Lounge M-F 8:30am - 2pm Updated 11/29/23</p>		